

THE SHAKES

200 CALS/24G PROTEIN

VANILLA LOVERS

Banana Nut Bread
Banana Foster Cheesecake
Birthday Cake
Salted Caramel Pretzel
Toffee Pecan Pie
Toffee Peanut Brittle
PB Blast
Cinnamon Toast Crunch
Fried Oreo

CHOCOLATE LOVERS

Choc PB Cup
PB Oreo
Nutty Caramel Crunch
Brownie Batter
Cookie Monster
German Chocolate Cake
Thin Mint
Chunky Monkey
Choc Covered Pretzel
Heath Bar



COFFEE LOVERS

Peppermint Mocha
Caramel Latte
Snickerdoodle Latte
Coffee Float (add \$5)

FRUITY LOVERS

Mango Madness
Blueberry Banana Crunch
Strawberry Banana Crunch
Berry Green
Minty Green Goddess
Incredible Hulk
Strawberry Shortcake

POST WORKOUTS

PB Oreo
Brownie Batter
Chunky Monkey
PB Blast
Oatmeal Cookie

Try any of our shakes at home!
Ask for a 3-day trial or join our
challenges for cash prizes.

THE ENERGY

BASIC TEAS (LOW CAFFEINE)

Raspberry-Mango
Raspberry-Cran
Raspberry-Mandarin
Peach-Mango
Peach-Cran
Peach-Mandarin
Lemon-Mango
Lemon-Cran
Lemon-Mandarin
Cinnamon-Mango
Cinnamon-Cran
Cinnamon-Mandarin
Chai-Mandarin
Chai-Mango
Chai-Cran
Decaf Immunity
Peachy Colada
Cucumber Lime
Summer Melon

LIT TEAS (MEDIUM CAFFEINE)

Jolly Rancher
Swedish Fish
Peach Ring
Sour Patch
Fruit Punch
Sweet Tart
Jelly Bean
Black Beauty
Tropical Gummy

MEGA TEAS- (HIGH CAFFEINE)

Captain America
Melon Bomb
Luck O' The Irish

BEAUTY REFRESHERS

Dragon Fruit Refresher
Strawberry-Lemonade

THE EXTRAS

Vitamin C Booster

Collagen Booster

Hydration Shot

Fat Reducer Shot

Probiotic

THE PROTEIN FAT REDUCER SNACKS

Horchata
Salted Caramel
Snickerdoodle

Ask about our mega tea kits to go